Duration

30-40 minutes

Distance: 1.57 miles



Terrain:

Tarmac roads and footpaths

Lovali

Hard

Start and Finish: Nailsworth Library, Old Market

Walking the Way to Health

DIRECTIONS

- Exit the library and take a right turn past BRUTON'S HARDWARE SHOP to COSSACK SQUARE, and across the road to enter NEWMARKET ROAD.
- Proceed along Newmarket road until the road forks into LOWER AND HIGHER NEWMARKET ROADS, bare right and take the higher road.
- After some 70 metres turn right into **SEVERN ACRES ROAD** (Hidden turning).
- Proceed up the steep hill (taking stops as required) to the top where you reach the junction with **DARK LANE**.
- Proceed down DARK LANE until reaching the entrance to CHURCHILL ROAD on the left.
- Follow Churchill Road baring right and left until reaching NYMPSFIELD ROAD.
- Turn right and proceed to FEWSTER ROAD some 70 metres
- Turn right into FEWSTER ROAD and proceed to the footpath on your left, almost opposite the bottom of DARK LANE.
- Proceed down the footpath, pass through HANOVER GARDENS and return to the library.

The walk has one very steep climb and stops may be required for recovery. The entire walk is on tarmac road, country lanes and pavements.

HAZARDS:

- Take care crossing main roads.
- Parts of the route have no pavement.



