

**Duration**  
50-60 minutes

**Distance:**  
2.01 miles

**Terrain:**  
Tarmac roads, footpaths  
and pavements

**Level:**  
Hard

**Start and Finish:**  
Nailsworth Library, Old  
Market



# Walking the Way to Health

## DIRECTIONS

- Exiting library doors take a right towards Bruton's Hardware shop and continue to the Britannia Inn.
- Cross the road and take the **HORSLEY ROAD**, follow this until the end. At the junction, cross the **OLD BRISTOL ROAD** and turn left.
- Walk down the hill to Ruskin Mill and take the entrance to the Mill front.
- Turn right and take the footpath alongside the lake and continue along this main footpath until after it crosses a humpback bridge. Then cross the first bridge on the left and follow the footpath. Climb up the steps and continue straight on through the woods and descend down to the top of the fisheries and pass through the 5 bar gate.
- Bear right and take the large roadway to the Fisheries Mill Block (now an education block) and exit onto the Old Horsley Road and turn left.
- Climb the hill, turn right at the next junction and proceed up the Rockness Hill road and continue to the Shortwood Road, turn right and proceed about 60 metres, and take a left onto the signposted footpath..
- Follow the footpath straight down past Prices Mill (Dr. Surgery), to the Newmarket Road, turn right. Proceed to Cossack Square and take the 2<sup>nd</sup> exit left into **OLD MARKET** and return to the Library

The walk has one steep climb with several gradual inclines where the pace may need to be slowed. The walk is mainly on pavements, road, and small lanes, with one stretch of soil footpath.

## HAZARDS:

- Part of Horsley Road has no footpath
- Take care crossing roads, especially the Old Bristol Road at the junction with
- Extreme care to be taken when crossing main busy roads.
- Some minor roads have no footpaths.

## NAILSWORTH 15: FISHERIES TO HILL TOP VIEWS