

**Duration**  
25-30 minutes

**Distance:**  
1.3 miles

**Terrain:**  
Tarmac and uneven paths

**Level:**  
Easy

**Start and Finish:**  
Nailsworth Library, Old  
Market



# Walking the Way to Health

## DIRECTIONS

- ✚ Exit the Library and take a right turn towards the Co-op and past the car park on your left for around 20 metres
- ✚ Take a left up **MARKET STREET**, and after 30 metres take a right up **BREWERY LANE** (slight incline).
- ✚ Go straight for around 25 metres and then veer off left up a slight hill towards the 'dead end' sign.
- ✚ Continue along this lane '**ARNOLDS LANE**' for around 5 minutes.
- ✚ Continue up the hill until you reach the end of the lane and then turn left onto **OLD BRISTOL ROAD** heading back towards Nailsworth.
- ✚ Continue along this road until you meet with the A46. Take a left down the A46 towards the town for around 15 metres, and then cross the road and take a right up **PARK ROAD**.
- ✚ Follow this road around in a 'U' shape and then take a right at the top of the bend towards Nailsworth Playing Fields
- ✚ Just before the playing fields take a left into Wood Lane and proceed down the hill.
- ✚ At the bottom of the hill cross over and then turn left onto **TABRAMS PITCH ROAD**.
- ✚ At the junction (Lloyds bank on your left) turn right back onto to the A46 and turn right at the roundabout towards Morrisons.
- ✚ When reaching the entrance to the Morrisons car park cross over the road towards the **OLIVE TREE RESTAURANT** (opposite Morrisons).
- ✚ Go down the lane to the side of the **OLIVE TREE RESTAURANT** and continue along the narrow path.
- ✚ At the end of the narrow path turn left into Station Road and head for the A46
- ✚ When reaching the A46 take a left towards the town centre
- ✚ Upon reaching the roundabout cross the road and proceed to the pedestrian crossing on the A46, cross A46 take a right and then a left up **SPRING HILL** for around 10 meters and turn left and return to the Library

## HAZARDS:

- ✚ Crossing Roads.

# NAILSWORTH 1: THE TOWN WALK

