

Duration
25-30 minutes

Distance:
1.7 miles

Terrain:
All tarmac roads and one
unmade road

Level:
Moderate

Start and Finish:
Stroud District Council
Offices, Ebley Mill



Walking the Way to Health

DIRECTIONS

- 1. Leave Mill and head to Westward Road and cross at pedestrian crossing and turn left.
- 2. Proceed along Westward Road for 30 metres and right turn on to footpath leading to Victory Park.
- 3. Proceed to Pavilion and carry straight on to Railway Tunnel, pass through and turn left.
- 4. Proceed along footpath to corner of school playing field and bear right.
- 5. Continue on footpath to reach Hunters Way, continue up hill to underpass.
- 6. At underpass, left turn onto footpath, and continue on round, just before school playing field turn right and enter Glynfield Rise.
- 7. Turn left in Glynfield Rise and follow road round right hand bend to the end. Enter footpath left hand side to Foxmoor Lane.
- 8. Cross Foxmoor Lane and turn left. Proceed along road, passing under Railway Bridge
- 9. At Springfield Terrace on left hand side, cross road and enter, follow road through and pass the Coach & Horses public house to Westward Road.
- 10. Use pedestrian crossing to cross the road, turn left and proceed to Ebley Mill via. Wharf Road.

HAZARDS:

- 1. Crossing Roads.
- 2. Unmade road Springfield Terrace.
- 3. Wharf Road raised manhole covers.
- 4. Foxmoor Lane traffic.

EBLEY 7: CAINSCROSS STROLL