

Duration
40-50 minutes

Distance:
1.81 miles

Terrain:
Tarmac roads, footpaths,
gravel track and field

Level:
Moderate

Start and Finish:
Nailsworth Library, Old
Market



Walking the Way to Health

DIRECTIONS

- Exit the library and take a right turn past BRUTON'S HARDWARE SHOP to COSSACK SQUARE, and across the road to enter NEWMARKET ROAD.
- Proceed along Newmarket road until reaching PRICES MILL SURGERY on the left hand side, turn left and follow the footpath.
- Climb the footpath for some 70 metres where the footpaths cross (Barn Close) turn right and pass through the kissing gate, into the field.
- Proceed along the path up a gentle hill until reaching the SHORTWOOD Rd. Turn right and proceed to the fork junction and take the lower road, (sign posted SHORTWOOD), proceed past PLUMBERS LANE to the X roads (Churchyard on the right).
- Turn right and proceed down the hill onto the gravel track. Continue down the steps and through the wood, take a right turn at the bottom onto a gravel track. This becomes a tarmac road after some 50 metres which is the beginning of LOWER NEWMARKET Rd.
- Follow the Road and at the George public house enter NEWMARKET Rd. Proceed to COSSACK Sq. Take the 2nd left and enter OLD MARKET to return to the Library.

The walk has some varied climbs and stops may be required for recovery. The walk is on varied terrain, tarmac roads, country lanes, pavements, field and gravel track.

HAZARDS:

- Take care crossing main roads.
- Parts of the route have no pavements.
- Footpath across the field has two protruding stones at the kissing gate.
- Beware of tree roots descending through the wood.
- One flight of well constructed steps with hand rail.

NAILSWORTH 8: WOODLAND AMBLE