

**Duration**  
35-40 minutes

**Distance:**  
1.62 miles

**Terrain:**  
Tarmac roads

**Level:**  
Easy

**Start and Finish:**  
Nailsworth Library, Old  
Market



# Walking the Way to Health

## DIRECTIONS

- ✚ Exiting library doors take a right towards Bruton's Hardware shop and continue to the Britannia Inn.
- ✚ Cross the road and take the **HORSLEY ROAD**, follow this until the end. At the junction, cross the **OLD BRITOL ROAD** and turn left.
- ✚ Walk down the hill to Ruskin Mill and take the entrance to the Mill front.
- ✚ Turn right and take the footpath alongside the lake and continue to the old fisheries building on your right.
- ✚ Go up steps to the next level and retrace your steps back to Ruskin Mill along the upper footpath.
- ✚ At the mill walk to the **Old Bristol Road**, turn right, and head for Nailsworth. Cross road where the footpath ends and proceed past Giggs Mill.
- ✚ Some 60 metres past the mill bear left into **ARNOLDS LANE**, proceed along and enter **BREWERY LANE**, proceed to **MARKET STREET** and turn left.
- ✚ At the junction turn right into **OLD MARKET** and return to the Library

The walk has several gradual inclines where the pace may need to be slowed. The entire walk is either on pavements, road, or small lanes.

## HAZARDS:

- ✚ Part of Horsley Road has no footpath
- ✚ Take care crossing roads, especially the Old Bristol Road at the junction with Horsley Road

# NAILSWORTH 2: FISHERIES STROLL



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**Strolling**  
in the **Stroud District**