

Duration
35-45 minutes

Distance:
1.75 miles

Terrain:
Tarmac roads, footpaths
and fields

Level:
Moderate

Start and Finish:
Nailsworth Library, Old
Market



Walking the Way to Health

DIRECTIONS

- f Exit the Library and take a right turn towards the Co-op and past the car park on your left for around 20 metres
- f Take a left up MARKET STREET, and after 30 metres take a right up BREWERY LANE (slight incline).
- f Go straight for around 25 metres and then veer off left up a slight hill towards the 'dead end' sign.
- f Continue along this lane 'ARNOLDS LANE' for around 5 minutes.
- f Continue up the hill until you reach the end of the lane and then turn left onto OLD BRISTOL ROAD heading back towards Nailsworth.
- f Continue along this road until you meet with the A46. Take a left down the A46 towards the town for around 15 metres, and then cross the road and take a right up PARK ROAD.
- f Follow this road around in a 'U' shape, at the top turn right onto the ally way between the houses. Continue up until reaching Wood Lane, turn left and proceed down Wood Lane to the entrance of the Nailsworth Playing Fields
- f Enter the playing field, bear right and walk the perimeter, exiting along the footpath between the tennis courts and the playpark. Turn right on entering Wood Lane, and continue to the Avening Road, cross, and turn left.
- f Proceed down Tabrams Pitch Rd., bear right along the A46 and right again to enter George St. Cross George St. opposite Hobb's Bakery and turn right, proceed towards the Olive Tree Restaurant (opposite Morrisons).
- f Go down the lane to the side of the OLIVE TREE RESTAURANT and continue along the narrow path. At the end of the narrow path turn right into Station Road and head for the Watledge Road via the footpath.
- f When reaching the Watledge Road turn right proceed to the 'W' bear right and pass through Cattle Grid Gate. Near Hobb's Bakery cross road, turn right and proceed to the pedestrian crossing on the A46. Turn right and left up Spring Hill and 1st left into Old Market and return to the Library via the pedestrian crossing.

The walk does have a few gradual inclines where the pace may need to be slowed down. The entire walk is either on pavements or small country lanes.

HAZARDS:

- f Take care crossing main roads; make sure the group crosses together.
- f One grass field to negotiate.

NAILSWORTH 13: TO THE PLAYING FIELD

